



2025 Leading for Results Cohort Two – Week One

Monday, November 10, 2025

School of Government, 2401

- 2:30 p.m. **Welcome and Orienteering**
Rick Morse, UNC School of Government
- 5:00 p.m. **Opening Reception/Dinner** (School of Government)

Tuesday, November 11, 2025

School of Government, 2401

- 9:00 a.m. **Introduction to Mindfulness and Five Good Minutes**
Rebecca Drake-Pellj, UNC School of Government
- 9:45 a.m. **Drivers of Change in North Carolina**
Anita Brown-Graham, nclMPACT Initiative, School of Government
- 12:00 p.m. **Lunch** (2400)
- 1:00 p.m. **Leading in *Public Service***
Rick Morse, UNC School of Government
- 2:30 p.m. **Introduction to Leadership Practices Inventory and Coaching**
Rick Morse, UNC School of Government
- 3:30 p.m. **Model the Way**
Rick Morse, UNC School of Government
- 5:00 p.m. **Adjourn**

Wednesday, November 12, 2025

School of Government, 2401 & Hampton Inn (Carrboro)

- 9:00 a.m. **Five Good Minutes**



- Model the Way**
Rick Morse, UNC School of Government
- 10:15 a.m. **Break and Photos** (group and headshots)
- 11:00 a.m. **Inspire a Shared Vision**
Rick Morse, UNC School of Government
- 12:00 p.m. **Lunch** at the Hampton Inn (370 E Main St, Carrboro)
- 1:00 p.m. **Creativity, Communication, and Connection** (Hampton Inn)
Andrew Aghapour and Paula Pazderka
- 4:30 p.m. **Reflection and Commitment**
- 5:00 p.m. **Dinner** (Tandem)
- 7:00 p.m. **Leading in the Moment** (Hampton Inn)

Thursday, November 13, 2025

School of Government, 2401

- 9:00 a.m. **Five Good Minutes**
- 9:15 a.m. **Sharing Your Vision**
Rick Morse, UNC School of Government
- 10:15 a.m. Break
- 10:30 a.m. **Getting Your Message Across**
Chris Lundberg, UNC Department of Communication
- 12:00 p.m. **Lunch** (2400)
- 1:00 p.m. **Insights and Inspiration from the Trenches**
Jeff Richardson, Albemarle County, Virginia
- 5:00 p.m. **Adjourn**



Friday, November 14, 2025

School of Government, 2401

9:00 a.m. **Five Good Minutes**

Communication: A Leader's Imperative

Willow Jacobson, UNC School of Government

12:00 p.m.. **Wrap-up**

12:30 p.m. **Lunch** (Grab and go)



2025 Leading for Results Cohort Two – Week Two

Monday, December 8, 2025

School of Government, 2401

- 10:00 a.m. **Five Good Minutes**
- Challenge the Process/Leading Change**
Willow Jacobson and Rick Morse, School of Government
- 12:00 p.m. **Lunch (2400)**
- 1:00 p.m. **Challenge the Process/Leading Change**
Willow Jacobson and Rick Morse, School of Government
- 3:00 p.m. **Enable Others to Act (intro)**
Rick Morse, School of Government
- 3:30 p.m. **Building and Earning Trust**
Elliot Stoller, UNC School of Government
- 5:00 p.m. **Reflection and Commitment**

Tuesday, December 9, 2025

School of Government, 2401

- 9:00 a.m. **Five Good Minutes**
- Working with Difference**
Kimalee Dickerson, School of Government
- 11:00 a.m. **Enable Others to Act**
Rick Morse, School of Government
- 12:00 p.m. **Lunch (2400)**
- 1:00 p.m. **Personal Resiliency**
Patrick Jeffs, The Resiliency Solution



4:30 p.m. **Reflection and Commitment**

Wednesday, December 10, 2025

School of Government, 2401

9:00 a.m. **Five Good Minutes**

Leading Your Team

Avril Pinder, Buncombe County

12:00 p.m. **Lunch (2400)**

1:00 p.m. **Encourage the Heart**

Rick Morse, School of Government

3:30 p.m. **Mindful Movement Tools for Leaders**

Rebecca Drake-Pelli

4:30 p.m. Prep for team building activity

5:30 p.m. **Team building adventure – Tar Heel Escapes (140 W. Franklin St., Suite 170)**

6:30 p.m. Dinner (Bru’s Public House)

Thursday, December 11, 2025

School of Government, 2401

9:00 a.m. **Five Good Minutes**

Future Proofing Public Service Leadership

Mary Hemphill, The Limitless Leader LLC & UNC School of Government

12:00 p.m. **Lunch (2400)**

1:00 p.m. **TBA**

2:15 p.m. **Enlist Others in Your Vision (aka the Civic Fellows “Dolphin Tank”)**

With Chris Lundberg, UNC Department of Communication

4:30 p.m. **Reflection and Commitment**



5:30 p.m. **Celebration Reception at The Story Venue**

Friday, December 12, 2025

School of Government, 2401

9:00 a.m. **Five Good Minutes**

Reflecting on Program and Learning

10:45 a.m. **Carrying the Practice Forward**

11:30 a.m. **Closing Remarks, Luncheon, Certificates**

1:30 p.m. **Adjourn**