

Wednesday, October 29, 2025



**SCHOOL OF
GOVERNMENT**

Emotional Intelligence: Leadership's Superpower

Instructor: Eleanor Green; Small Group Coach: Dale Smith

Agenda

9:00am – 10:15am	- What is emotional intelligence and why is it important to your success? - Understanding Your EI Results
10:15am – 10:30am	Break
10:30am – 12:00pm	- Understanding Your EI Results - EI Skills Building
12:00pm – 1:00pm	Lunch
1:00pm – 1:30pm	- Understanding Your EI Results - EI Skills Building
1:30pm – 2:00pm	Small Group EQ Coaching Sessions
2:00pm – 2:15pm	Break
2:15pm – 3:15pm	Small Group Coaching Sessions (<i>Continued</i>)
3:15pm – 3:45pm	Applying EQ Knowledge and Skills to Real Life
3:45pm – 4:00pm	Final Thoughts and Closing Reflections
4:00pm	ADJOURN