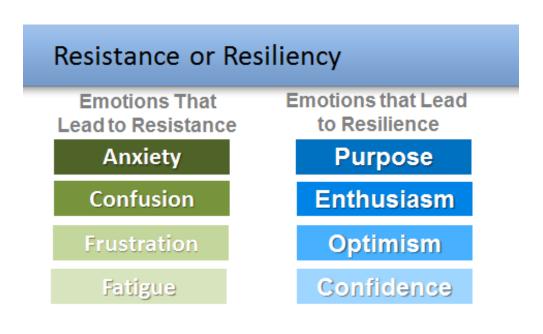
## PELA 2015 – Community Change Project Worksheet Thursday, August 6, 2015

## For your change, indicate

- 1. Your proximity to the change
- 2. The proximity of anyone whose support is needed for the change to succeed, and
- 3. What feelings you are experiencing and seeing in others.

			Describe Feelings	
	Where are you?	Where are others?	Yours	Others
Apathy				
Sympathy				
Empathy				
Impact Zone				



Source: McKinsey Quarterly



4. What can you do to generate more of the emotions that lead to resilience?