

Weekly schedule

Name:

Time / period	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 am							
7:00 am							
8:00 am							
9:00 am							
10:00 am							
11:00 am							
12:00 pm							
1:00 pm							
2:00 pm							
3:00 pm							
4:00 pm							
5:00 pm							

6:00 pm							
7:00 pm							
8:00 pm							
9:00 pm							
10:00 pm							

Notes

Visits with Kids: KV (or visitation)
Parenting Class: PC
DV Class/Group: DVC
Anger Man.: AM
Therapy: TH
Subst. Abs. TX: SAT (or NA or AA)
Mental Health Appt.: MHA
SW Meeting: SWM
GAL Meeting: GALM
Medical Appt.: MA (or name dr.)
Work: WK
School: SCH