

Parenting And Substance Use Disorders

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HORIZONS
HEALING GENERATIONS



Objectives

- Review facts around Substance Use Disorders and Parenting
- Examine how substance use disorders impacts parenting
- Examine best practices in treating parents with substance use disorders.
- Examine North Carolina resources for treating parents with substance use disorders.

“The opioid epidemic is not just a criminal justice issue — every part of the court system is impacted.”³

“The Most Significant Impact of the Epidemic Involves Cases With Children and Families”³



Facts:

- In an average year from 2015–2019, more than 21 million children in the United States lived with a parent who misused substances, and more than 2 million lived with a parent who had a substance use disorder (SUD).⁴
- In NC, there's been a 20% jump in children going in to foster care.
- Parental substance use is the reason for removal in 40% of cases.
- Children, **particularly young children**, are disproportionately impacted by parental substance use disorders.
- 24% of pregnancy-related mental health **deaths** had documentation that there was removal of a child from the person's custody or Child Protective Services involvement.¹¹

Parenting & SUDs



Caregiver
without SUD



Caregiver in
Addiction



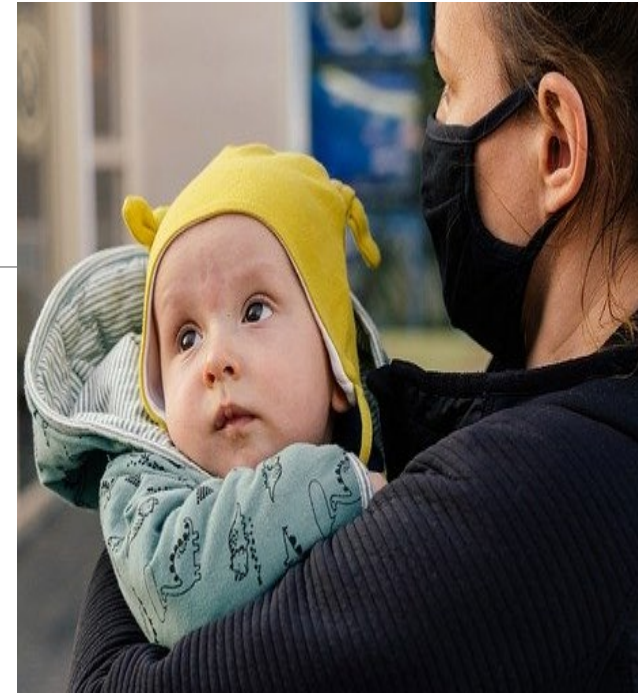
Caregiver in
Early
Recovery



Caregiver in
Long term
Recovery

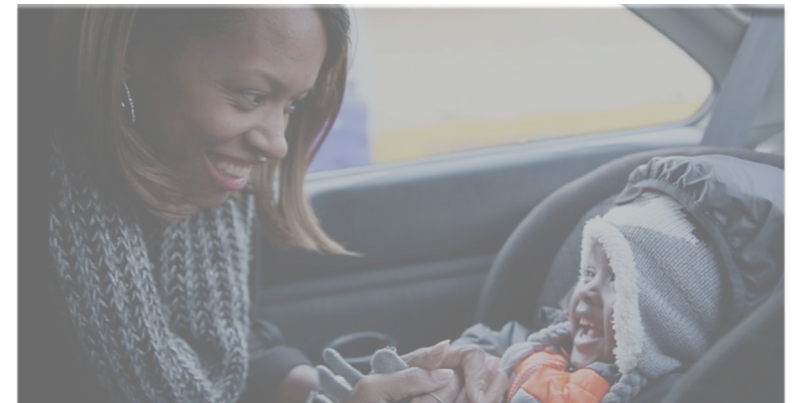
Research on Best Practices:

- Family Centered Approach⁶
- Trauma Informed Courts¹⁰
- Disease model of addiction²
- Treatment model vs. Punishment model⁸
- Supportive “I Am On Your Side!”
- Hopeful! You CAN do this!

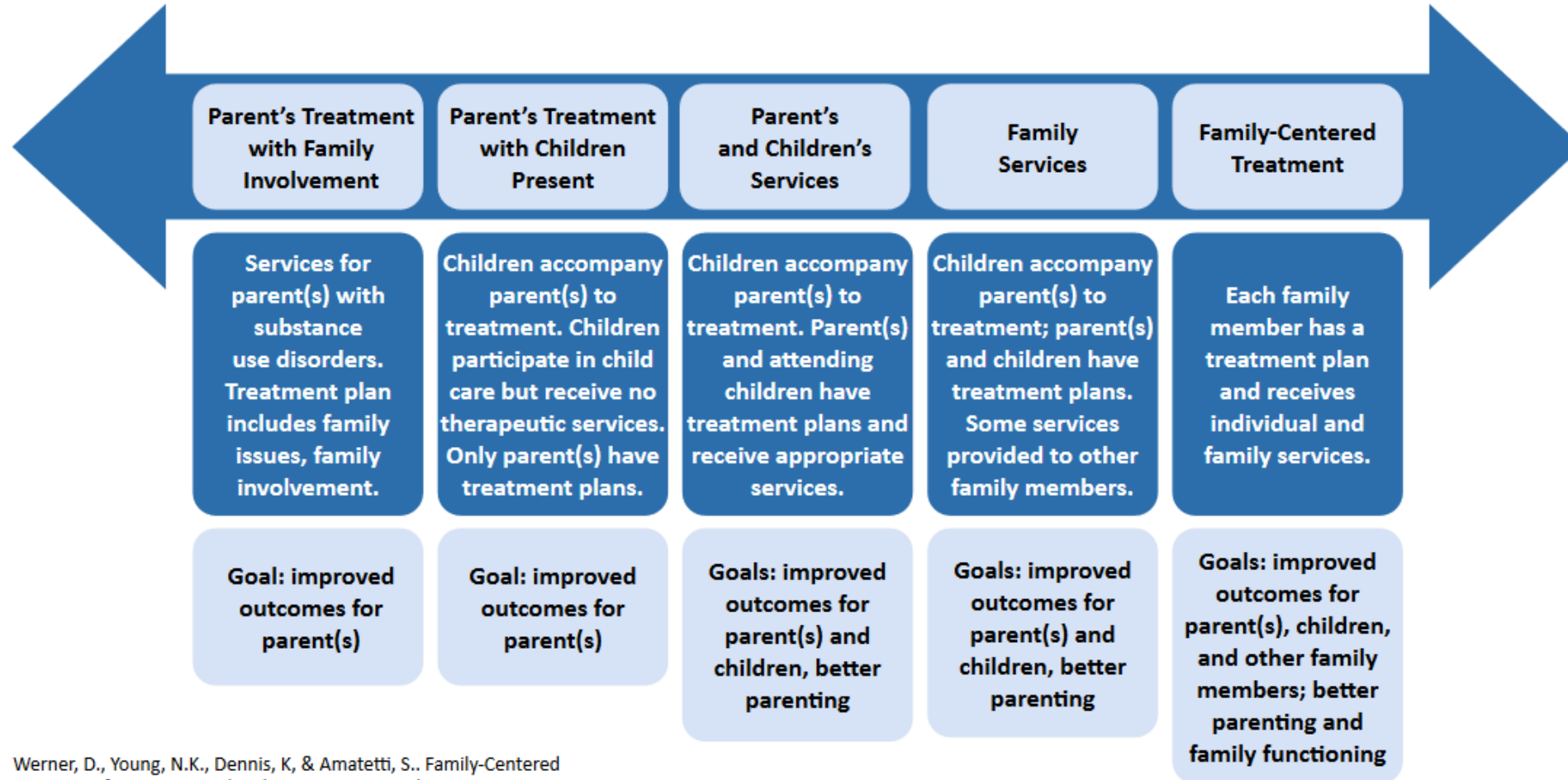


Family Centered Approaches :

- Increase treatment retention rates and reduce substance use rates
- Decrease risk of child abuse
- Increase rates of reunification and positive permanency outcomes
- Reduce rates of infants with prenatal substance exposure
- Improve psychosocial and family functioning for children, parents, and family members
- Improve parent mental health, physical health, and employment
- Reduce depression and parental stress
- Improve parenting attitudes
- Enhance parental bonding with children
- Improve child developmental and behavioral outcomes⁶



Continuum of Family-Based Services



Werner, D., Young, N.K., Dennis, K., & Amatetti, S.. Family-Centered Treatment for Women with Substance Use Disorders – History, Key Elements and Challenges. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, 2007.

SUBSTANCE USE PREVENTION, TREATMENT, AND RECOVERY SERVICES (SUPTRS)

Block Grant Funded Substance Use Services for Pregnant and Parenting Women

NC PMCTI



**NC Perinatal and Maternal
Substance Use and
CASAWORKS for Families
Treatment Initiatives**

**Specialty substance use disorder
treatment for pregnant and parenting
women statewide**

Residential and Outpatient

- Coastal Horizons, Flourishing Families, Columbus and Moore
- CASCADE, Community Alternatives
- Insight Human Services, WISH and Women's Recovery Center
- RHA, Mary Benson House
- Robeson Health Care Corporation
 - Our House
 - Grace Court
 - The Village
 - Cambridge Place
- Southlight Women and Children's Program
- UNC Horizons, Orange and Wake



Alcohol Drug Council of NC

**Perinatal Substance Use
Project and Specialist**

**Bed Availability for Residential
Treatment**

**Screening, Information and
Referral to Treatment**

1-800-FOR-BABY



NCPOEP
NC DEPARTMENT OF HEALTH AND HUMAN SERVICES

UNC School of Social Work

**NC Pregnancy and
Oploid Exposure Project**

**Resources and Service
Locations**

**Training and Technical
Assistance**

ncpoep.org



**NC DEPARTMENT OF
HEALTH AND
HUMAN SERVICES**
Division of Mental Health,
Developmental Disabilities and
Substance Abuse Services

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**Residential Perinatal/Maternal
Substance Use Disorder Services
for Women and their Children**

Buncombe County
Mary Benson House
Asheville, NC 28901
828-252-5280

Robeson County
Our House
Pembroke, NC 28372
910-521-1464

Johnston County
The Cambridge Place
Smithfield, NC 27577
919-989-8114

Wake County
SouthLight Residential
Program for
Women & Children
Garner, NC 27529
919-557-6967

Mecklenburg County
CASCADE
Charlotte, NC 28211
704-336-4844

Orange County
Sunrise @ Horizons
Carrboro, NC 27515
919-445-1444

Pitt County
The Village
Greenville, NC 27834
252-752-5555

Robeson County
Grace Court
Lumberton, NC 28348
910-618-9912



**Outpatient Perinatal/Maternal Substance
Use Disorder Services**

Buncombe County
Women's Recovery Center
Asheville, NC 28801
877-628-2562

Columbus County
Flourishing Families
Whiteville, NC 28472
910-524-8183

Forsyth County
Women's and Infant's
Services for Health (WISH)
Winston Salem, NC 27101
336-397-7500

Mecklenburg County
CASCADE
Charlotte, NC 28211
704-336-4844

Orange County
UNC Horizons Program
Carrboro, NC 27510
919-966-9803

Wake County
UNC Horizons at Wake
Raleigh, NC 27610
919-218-4044

**NC CASAWORKS for Families
Residential Programs**

Johnston County
The Cambridge Place CASAWORKS
Smithfield, NC 27577
919-989-8114

Mecklenburg County
CASCADE CASAWORKS
Charlotte, NC 28211
704-336-4844

Orange County
Sunrise @ Horizons CASAWORKS
Carrboro, NC 27510
919-445-1444

Pitt County
The Village CASAWORKS
Greenville 27834
252-752-5555

Wake County
SouthLight Residential Program for
Women & Children CASAWORKS
Garner, NC 27529
919-557-6967

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About UNC Horizons

UNC Horizons is an integrated substance use disorder treatment program for women, including those who are pregnant, parenting, and/or whose lives have been touched by abuse and violence.

We have 30 apartments where our clients can reside for approximately 10 months with up to three of their children.

We provide integrated care, including prenatal care, MOUD, psychiatry, pediatric care, childcare, adult and child mental health assessment and treatment, case management, job training, etc.

<https://www.youtube.com/watch?v=JQDg9BN5r6U&t=111s>



How to Refer a Patient to UNC Horizons

OBGYN Care only: Available to any woman who is pregnant and has a substance use disorder (past and/or present). No formal referral is needed

Call 984-974-7005 to request appointment with Elisabeth Johnson

Clinic occurs on Monday AM and Thursday AM/PM

Residential Care: Available to women who are pregnant and/or custody of a child 11 or younger

Patient/provider may call 919-966-9803 to complete a screen and request to be considered for residential treatment.

If the patient is eligible for services, a staff person will help the patient navigate the process.

If the patient is not eligible for services or if the UNC Horizons program does not have any available beds, a staff person will provide information on treatment options.

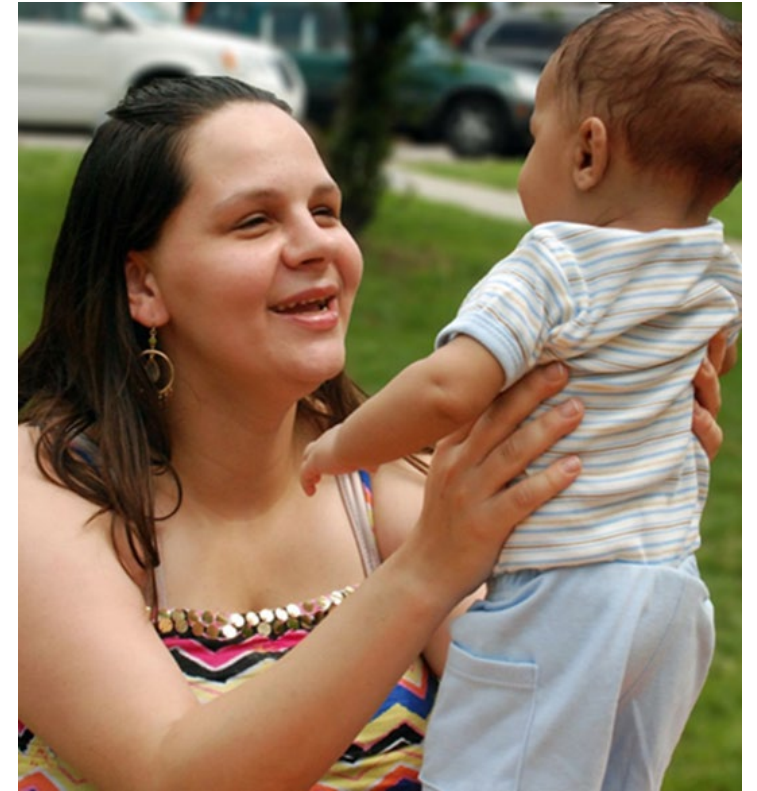
Outpatient Care (SACOT/SAIOP): Available to women who can attend group treatment. Currently, UNC Horizons does not provide a stand-alone SAIOP. Patient may call 919-966-9803 to complete a screen and request to be considered for outpatient group treatment. If the patient is eligible for services, a staff person will assigned to helping the patient navigate the process.

If UNC Horizons cannot meet the patient's needs, a staff person will provide information on treatment options.

Questions?

“Healing the family begins with ensuring timely, appropriate, and effective services for both parents and children to treat substance abuse and trauma.”

Otero & Archer, 2013



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11. Trost, S. L., Beauregard, J. L., Smoots, A. N., Ko, J. Y., Haight, S. C., Moore Simas, T. A., ... & Goodman, D. (2021). Preventing Pregnancy-Related Mental Health Deaths: Insights From 14 US Maternal Mortality Review Committees, 2008–17: Study examines maternal mortality and mental health. *Health Affairs*, 40(10), 1551-1559.
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HEALING GENERATIONS