



2024 Leading for Results Cohort Two – Week One

Monday, November 11, 2024

School of Government, 2401

- 2:30 p.m. **Welcome and Orienteering**
Mary Hemphill and Rick Morse, UNC School of Government
- 5:00 p.m. **Adjourn** – travel to Hampton Inn (370 E Main St, Carrboro)
- 5:30 p.m. **Opening Reception/Dinner** (Bru's Public House)

Tuesday, November 12, 2024

School of Government, 2401

- 9:00 a.m. **Introduction to Mindfulness and Five Good Minutes**
Rebecca Drake-Pelli and Mary Hemphill, UNC School of Government
- 9:45 a.m. **Drivers of Change in North Carolina**
Anita Brown-Graham, nclIMPACT Initiative, School of Government
- 10:45 a.m. Break
- 11:00 a.m. **Drivers of Change in North Carolina (cont.)**
Anita Brown-Graham, nclIMPACT Initiative, School of Government
- 12:00 p.m. Lunch (2400)
- 1:00 p.m. **Leading in Public Service**
Rick Morse, UNC School of Government
- 2:15 p.m. Break
- 2:30 p.m. **Introduction to Leadership Practices Inventory and Coaching**
Rick Morse and Mary Hemphill, UNC School of Government
- 3:15 p.m. Break



3:30 p.m. **Model the Way**
Mary Hemphill and Rick Morse, UNC School of Government

5:00 p.m. **Adjourn**

Wednesday, November 13, 2024

School of Government, 2401 & Hampton Inn (Carrboro)

9:00 a.m. **Five Good Minutes**

9:15 a.m. **Model the Way**
Mary Hemphill and Rick Morse, UNC School of Government

10:15 a.m. **Break & Photos** (class photo and headshots)

11:00 a.m. **Inspire a Shared Vision**
Rick Morse and Mary Hemphill, UNC School of Government

12:00 p.m. Lunch at the Hampton Inn (370 E Main St, Carrboro)

1:00 p.m. **Creativity, Communication, and Connection** (Hampton Inn)
Andrew Aghapour and Paula Pazderka

4:30 p.m. **Wrap-up, Walk to Venable Bistro**

5:00 p.m. **Dinner at Venable Bistro**

7:00 p.m. **Leading in the Moment** (Hampton Inn)

8:00 p.m. **Adjourn**

Thursday, November 14, 2024

School of Government, 2401

9:00 a.m. **Five Good Minutes**

9:15 a.m. **Sharing Your Vision**
Rick Morse and Mary Hemphill, UNC School of Government

10:30 a.m. Break



- 10:45 a.m. **Getting Your Message Across**
Chris Lundberg, UNC Department of Communication
- 12:00 p.m. Lunch (2400)
- 1:00 p.m. **Insights and Inspiration from the Trenches**
Jeff Richardson, Albemarle County, Virginia
- 2:30 p.m. Break
- 2:45 p.m. **Insights and Inspiration from the Trenches (cont.)**
Jeff Richardson, Albemarle County, Virginia
- 3:45 p.m. Break
- 4:00 p.m. **Insights and Inspiration from the Trenches (cont.)**
Jeff Richardson, Albemarle County, Virginia
- 5:00 p.m. **Adjourn**

Friday, November 15, 2024

School of Government, 2401

- 9:00 a.m. **Five Good Minutes**
- 9:10 a.m. **Communication: A Leader's Imperative**
Willow Jacobson, UNC School of Government
- 10:30 a.m. Break
- 10:45 a.m. **Communication: A Leader's Imperative (cont.)**
Willow Jacobson, UNC School of Government
- 12:00 p.m. **Wrap-up**
- 12:30 p.m. Lunch (Grab and go)



2024 Leading for Results Cohort Two – Week Two

Monday, December 9, 2024

School of Government, 2401

- 10:00 a.m. **Five Good Minutes and Leadership Dialogue**
- 10:30 a.m. **Personal Change Style Indicator**
Willow Jacobson, School of Government and Ruffin Hall, Walton & Hall, LLC
- 12:00 p.m. Lunch (2400)
- 1:00 p.m. **Leading Organizational Change**
Willow Jacobson, School of Government and Ruffin Hall, Walton & Hall, LLC
- 2:00 p.m. Break
- 2:15 p.m. **Challenge the Process**
Rick Morse & Mary Hemphill, School of Government
- 3:30 p.m. Break
- 3:45 p.m. **Challenge the Process**
Rick Morse & Mary Hemphill, School of Government
- 5:00 p.m. **Adjourn**

Tuesday, December 10, 2024

School of Government, 2401

- 9:00 a.m. **Five Good Minutes**
- 9:15 a.m. **Enable Others to Act**
Rick Morse & Mary Hemphill, School of Government
- 10:30 a.m. Break
- 10:45 a.m. **Enable Others to Act – Building Trust**
Elliot Stoller, School of Government



- 12:00 p.m. Lunch (2400)
- 1:00 p.m. **Personal Resiliency**
Patrick Jeffs, The Resiliency Solution
- 2:30 p.m. Break
- 2:45 p.m. **Personal Resiliency**
Patrick Jeffs, The Resiliency Solution
- 4:30 p.m. **Reflection and Commitment**

Wednesday, December 11, 2024

School of Government, 2401

- 9:00 a.m. **Five Good Minutes**
- 9:05 a.m. **Leading Your Team**
Avril Pinder, Buncombe County
- 10:30 a.m. Break
- 10:45 a.m. **Leading Your Team**
Avril Pinder, Buncombe County
- 12:00 p.m. Lunch (2400)
- 1:00 p.m. **Encourage the Heart**
Mary Hemphill & Rick Morse, School of Government
- 2:30 p.m. Break
- 2:45 p.m. **Encourage the Heart**
Mary Hemphill & Rick Morse, School of Government
- 3:30 p.m. **Mindful Movement Tools for Leaders**
Rebecca Drake-Pelli
- 4:30 p.m. Prep for team building activity



- 5:30 p.m. **Team building adventure – Tar Heel Escapes** (140 W. Franklin St., Suite 170)
- 6:30 p.m. Dinner (Bru’s Public House)
- 8:00 p.m. **Adjourn**

Thursday, December 12, 2024

School of Government, 2401

- 9:00 a.m. **Five Good Minutes**
- 9:15 a.m. **Inclusive Public Leadership**
Kimalee Dickerson, UNC School of Government
- 10:45 a.m. Break
- 11:00 a.m. **Civic – We Love NC LocalGov**
- 12:00 p.m. Lunch (2400)
- 1:00 p.m. **Peer Consultation Process** (continued)
- 2:45 p.m. Break
- 3:00 p.m. **Enlist Others in Your Vision**
With Chris Lundberg, UNC Department of Communication
- 5:00 p.m. **Adjourn**
- 6:00 p.m. **Celebration Reception at The Story Venue**

Friday, December 13, 2024

School of Government, 2401

- 9:00 a.m. **Five Good Minutes**
- 9:15 a.m. **Reflecting on Program and Learning**
- 10:30 a.m. Break



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| 10:45 a.m. | Carrying the Practice Forward |
| 11:30 a.m. | Closing Remarks, Luncheon, Certificates |
| 1:30 p.m. | Adjourn |