



# AMIKIDS

## EMPOWERING FAMILIES, UNLOCKING POTENTIAL



### AMIKIDS NC FAMILY SERVICES | FUNCTIONAL FAMILY THERAPY (FFT)

At AMIKids North Carolina Family Services, we are more than a counseling program—we are a force for change. Using evidence-based Functional Family Therapy (FFT), we strengthen families and communities across North Carolina.

#### WHAT IS FFT?

Functional Family Therapy (FFT) is a proven, short-term counseling model designed to be delivered at home. It focuses on strengthening family relationships, enhancing communication, and fostering better decision-making. By addressing challenges together, families build healthier dynamics and a stronger foundation for emotional well-being.

#### WHERE WE SERVE

Our NC Family Services offices are located in **Durham, Greenville, Morganton, Wilmington, and Winston-Salem, but we serve all surrounding counties in NC.**

By addressing family dynamics and empowering young people and their families, we are breaking down barriers and creating a vibrant future for all.

#### KEY PROGRAM BENEFITS

- **Nationally recognized** for addressing delinquency, substance use, and violence.
- **Master's-level counselors available 24/7**, providing culturally responsive, strength-based support.
- **Improve family relationships** and reduce conduct problem.
- **Decrease out-of-home placements** and prevent recidivism.
- **Maintain youth enrollment** in educational programs and prevent sibling court involvement.

**Visit our website today to discover how AMIKids NC Family Services can help your family thrive!**

#### CONTACT

##### AMIKids NC Family Services

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