

**North Carolina Department of Public Safety**  
**Alcoholism and Chemical Dependency Programs**

**DART Cherry**

**ELIGIBILITY CRITERIA**

- Male.
- Minimum of 18 years of age.
- Detoxification completed prior to admission into program.
- Ability to function independently in daily living tasks.
- A completed Medical History Statement (DCC-29). A review of the information within DART Cherry's 'Program Medical Services' link for general medical guidelines for participation and admission to the DART Cherry program.
- Questions relating to medical and/or mental health issues should be addressed with DART Cherry staff **prior** to transport. Diagnosed mental health conditions or medical issues must be stabilized on medication such that the referral may interact and communicate with others.
- Referrals on prescription medications must arrive at the facility with a 90-day supply of all prescription medication.
- A current written TASC assessment and referral that confirms a substance use disorder as defined by the Diagnostic and Statistical Manual, 5<sup>th</sup> Edition (DSM-5) and ASAM Level III placement.
- A signed Court Order or Post Release Supervision and Parole Commission Order with a referral to the DART Cherry program.

**INELIGIBILITY CRITERIA**

- Cannot have a chronic history of assaultive and violent behaviors.
- Cannot have pre-existing appointments with primary physician or other healthcare provider.
- Cannot have medical needs that require a high degree of medical management beyond the scope of practice in the facility including but are not limited to:
  - Seizure disorders
  - Brittle diabetes
  - Uncontrolled hypertension
  - Dementia
  - Schizophrenia
  - Severe Migraines
  - Dialysis
  - Chemotherapy/Radiation
- Cannot have a current Narcotic and/or Opiate prescription as these medications are prohibited including Suboxone and Methadone.



# NORTH CAROLINA DEPARTMENT OF PUBLIC SAFETY

## Alcoholism and Chemical Dependency Programs

### DART Cherry

#### PROGRAM SCHEDULING AND TRANSPORT

The DART Cherry website is designed to assist Probation/Parole Officers with information and guidelines that will enable officers to make decisions about whether a referral may or may not be appropriate for the DART Cherry program. The information provided will also assist the officer in giving an overview of the program and responding to their questions. When there is a question regarding a referral's appropriateness for assignment to the DART Cherry facility, DART Cherry encourages Probation/Parole Officers to contact the facility prior to transport so staff may assist in making this decision. Referrals that are determined to be inappropriate for treatment after arrival at the facility will be discharged.

#### **Program Scheduling:**

- Ensures the referral meets the DART Cherry [Eligibility and Criteria Guidelines](#) (see Web Page).
- Checks for use of unacceptable medications.
- Follows "Intake Procedure" in [Chapter I Section .0306](#) of the [Community Corrections Policy and Procedure Manual](#) prior to scheduling.
- If the referral meets the eligibility guidelines, call the DART Cherry facility to schedule the referral for admission. Facility phone number: (919) 731-7930

#### **Program Transport and Staff Safety:**

To ensure the safety of DART Cherry staff during transport and at the facility, the supervising Probation/Parole Officer (PPO), on the day of the DART Cherry pick-up, should follow the "Intake Procedure" in Chapter I Section .0306 of the Community Corrections Policy and Procedure Manual. The supervising PPO will:

- Complete the DART Cherry Medical History Form prior to individual's pick-up. The form should be placed into the individual's packet to be given to the van driver and the DART Cherry PPO upon arriving at the facility. If there are any serious medical conditions, call the DART Cherry PPO prior to transport to discuss and get approval.
- Have the individual read and sign the Rules and Regulations of the DART Cherry program and place in the individual's packet that is to be given to the van driver at pickup and the DART Cherry PPO upon arriving at the facility.
- Search the referral's baggage and person, before the individual is transported to the facility or dropped off for van pickup if DART Cherry staff is transporting.
- Conduct urinalysis on day of pick up, preferably using instant drug screen so results are known immediately. The supervising PPO will report the results of the drug screen immediately upon arrival to either the van driver, if being transported via DART Cherry staff or DART Cherry PPO if supervising PPO is transporting referral to the facility.

NOTE: Program completion ceremonies are conducted prior to transport home and are always inspirational not only to the residents but to family members and staff from Community Corrections. DART Cherry encourages Probation/Parole Officers to attend. However, you don't have to wait for a completion ceremony to visit, call and schedule a time for you and your unit to come and tour the facility. We look forward to seeing you!



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**DART Cherry**

**AUTHORIZED PERSONAL PROPERTY**

**Specific personal items needed by residents:**

**Clothing** – Bring four changes of casual clothing including socks and underwear. One pair of open-toed shower shoes for use in the shower. Open-toed shoes are not allowed in the classrooms or hallways. Clothing cannot advertise alcohol/drugs or make derogatory statements. Washers, dryers and detergent are available at the facility at no charge.

**Toiletries** – Soap, toothbrush, toothpaste, deodorant, disposable razors, battery operated shavers, shaving cream, wash cloths, towels, and washing pods may be brought from home.

**Lockers** – Bring a lock and key or a combination lock to be placed on an assigned personal locker.

**Money** – A Trust Fund Account is available for residents who have cash or receive funds from home (DART Cherry accepts money orders and bank checks for deposit in the Trust Fund Account – DART Cherry does NOT accept cash, personal checks, and business checks for deposit in the Trust Fund Account). Residents may have up to \$40.00 in their possession; funds in excess of \$40.00 will be confiscated and placed in a trust fund account. Weekly withdraw from the trust fund account is available and there is no limit on the amount of money a resident may have in the Trust Fund Account. A canteen is located at the facility where snacks, postage stamps, and toiletries can be purchased.

**Mail** – Bring envelopes. Postage stamps may be purchased at the facility.

**Reading materials** – Limited to religious and recovery oriented material. No other reading materials are allowed.

**Recreational items** – Walkman radios with ear buds and sunglasses are permitted. No external components (antennas) allowed.

**Medication** – Bring a three (3) month supply of all prescription medications. Do **NOT** bring over-the-counter medications.

**Miscellaneous** – If telephones at home are blocked for collect calls, calls to these numbers will not be possible. Residents must have family/friends set up a GTL advance pay account before contact by telephone can be made. GTL can be contacted by telephone at 1-800-483-8314.

**NO FOOD FROM HOME IS ALLOWED.**

\*\*\* All personal effects will be inventoried upon admission;  
items deemed inappropriate will be stored by the facility until completion of treatment \*\*\*



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**DART CHERRY**

**UNAUTHORIZED PERSONAL PROPERTY**

If any of the following items are found in the possession of a resident at any time they will be confiscated. It is the responsibility of the resident to inform family members what items are allowed and not allowed at the DART Cherry facility.

**ITEMS NOT ALLOWED AT THE FACILITY**

**The following items WILL be confiscated and will NOT be returned to the resident:**

- Alcohol
- Over-the-counter medications and illegal drugs **\*\*see note below\*\***
- Weapons
- Any tobacco product: cigarettes, electric cigarettes (based on nicotine factor), cigars, snuff, smokeless tobacco, chews, or other substances
- Rolling papers, pipes, or other products used to smoke, inhale or ingest tobacco products. This does not include American Indian Ceremonial Pipes which may remain with the resident with the approval of the Facility Manager.
- Matches, lighters, or other devices used to ignite fire
- Washing detergent, liquid softener, bleach, laundry starch, or dryer sheets
- Container that has been opened or has the seal broken
- Cologne
- Glass containers or aerosol cans
- Clothes that glorify alcohol or drugs
- Food
- Pornography
- Other items may be included as DART Cherry deems inappropriate

**The following items WILL be confiscated and MAY be returned to the resident on the day of program departure:**

- Cell Phones, pagers, and cameras
- Cassette/CD players, DVD players, IPODS/MP3 players, tapes, CDs, and DVDs
- Radios without headphones
- Games of any kind including playing cards (games are available on site)
- Reading material (except spiritual or treatment recovery reading materials which are allowed)
- Pillows and blankets
- Stuffed animals
- Other items may be included as DART Cherry deems inappropriate

If a referral has any questions about items allowed, they should see their Probation/Parole Officer. Failure to turn in items that are not allowed at the facility on the day of arrival will result in disciplinary action if later found in the possession of the resident.

**\*\*\*NOTE:** Bring a 90-day supply of all prescription medications.  
Do **NOT** bring over-the-counter medications\*\*\*



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**RULES AND REGULATIONS**

As a resident at the DART Cherry program, I understand that I will:

- Obey all program rules.
- Attend all activities and participate in substance abuse treatment, educational classes, individual counseling, office contacts with probation officers, and instructional classes as directed. It is the responsibility of each resident to participate and be supportive of other residents and facility staff in accomplishing the goals and objectives for the Program.
- Not possess any prohibited items.
- Not possess any tobacco products: cigarettes, electric cigarettes (based on nicotine factor), cigars, snuff, smokeless tobacco, and chews.
- Not possess rolling papers, pipes, or other products used to smoke, inhale, or ingest tobacco products except for items used during religious services authorized by the facility manager.
- Not possess any matches, lighters, or other devices used to ignite fire.
- Not possess or use weapons.
- Not engage in any illegal activity.
- Not have contact with known gang members.
- Not possess clothes, jewelry, signs or symbols, or paraphernalia commonly identified with a gang.
- Not engage in any sexual activity.
- Not display any violent or abusive physical behavior including threats or intimidations toward other residents and/or staff.
- Allow scars, marks, tattoos to be photographed.
- Submit to warrantless searches as directed by the Probation/Parole Officer.
- Submit to random drug screens as directed by the Probation/Parole Officer.
- Have shirts tucked into pants at all times.
- Maintain appropriate behavior including no horseplay, profanity, disrespect, or gambling.
- Protect the confidentiality of group discussions and group members.
- Arrive on time for all classes and/or appointments.
- Use telephones only as authorized by staff.
- Not engage in inappropriate behavior during visitation.
- Remain on the facility premises ***ATTEMPTING TO LEAVE WILL BE CONSIDERED ABSCONDING.***
- Lose my personal belonging if I abscond from supervision as DART Cherry management will dispose of my belongings.
- Maintain good personal hygiene including daily bathing and appropriate laundering of soiled clothes.
- Maintain clean living areas, dining areas, and treatment space as assigned.
- Exercise proper care in the use of program facilities, equipment, materials and supplies.
- Notify staff of any condition or circumstance that may interrupt or influence the treatment process, program operations or DART Cherry Program Rules and Regulations.
- Comply with any aftercare plan provided by DART Cherry staff.

\_\_\_\_\_  
Probationer/Parolee Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Probation/Parole Officer Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
OPUS #



**North Carolina Department of Public Safety**  
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**DART Cherry**

**MEDICAL SERVICES**

The following protocols are presented as a general medical guideline for admission and participation into the program, but should not be considered as all-inclusive. Where there is doubt concerning a candidate's appropriateness for the DART Cherry program, we encourage you to call and consult with the DART Cherry facility about the individual circumstances surrounding the referral. The call could prevent the need for a trip to the facility to pick up a discharged referral.

**MEDICAL STAFF**

DART Cherry provides on-site medical services with a Psychiatrist, a Physician, a Physician Extender, and Registered and Licensed Nurses. Primary nursing services are offered at a minimum of 8 hours a day, 5 days a week. However, medical staff remains on call 24 hours a day and 7 days a week for medical emergencies.

**MEDICAL LIMITATIONS**

DART Cherry is equipped to treat individuals with minor medical problems such as colds, skin rashes, fungal infections etc. and to provide medical services for minor injuries and illnesses which may occur during the individual's stay. DART Cherry is further equipped to medically manage more serious conditions as long as the referral is on a stabilizing medical regimen upon arriving at the facility. **All such referrals should bring a full supply of medications needed for the 90 Days of expected treatment participation.**

**NOTE: Blister packaging with multiple medications cannot be dispensed at DART Cherry. Blister packaging containing any single medication is acceptable.**

Three primary areas of concern are taken into consideration in assignment to the facility and are discussed as follows:

- I. **Debilitating Factors:** if a referral has a pre-existing condition that severely limits participation in program activities or requires intense, personal, "around the clock" care or assistance (i.e. hospital care and/or outpatient treatment with follow up).
  - A. Referral requiring **detoxification**. DART Cherry does not have a detoxification unit however, gradual detoxification from alcohol and addictive drugs can be accomplished under medical supervision whenever a clinical decision is made that a resident is manifesting minor withdrawal symptoms (i.e. referral is an intermittent heavy user and/or has been drug and alcohol free for at least two weeks prior to admission with no significant physical symptoms). Referrals requiring **intensive detoxification** (i.e. referral has been a heavy user for an elongated period with no significant break in usage up to time of admission), requiring hospital accommodations and monitoring are not appropriate for assignment to the facility.
  - B. DART Cherry is an 'abstinence-based' substance abuse treatment program. In the event medication is needed to control chronic pain, a non-narcotic pain reliever may be provided.
  - C. If an individual has any condition requiring hospital care or immediate medical care outside the *scope of services* provided by DART Cherry (i.e., injuries requiring immediate x-ray, **unstable** critically high blood pressure, critical heart conditions, etc.), the referral is not appropriate for assignment to the facility. It should be noted that such critical conditions, will more often exacerbated by the high stress levels created when one is placed in an intense and highly structured treatment environment.
  - D. Individuals with *pre-existing appointments* with their primary physician or other health care providers should satisfy, postpone or cancel (if medically appropriate) all such appointments before coming to DART Cherry. This is an issue of "managed care" that should be met before or after treatment services have been

provided.

- II. Stabilization:** Individuals arriving at the facility with diagnosed pre-existing medical and/or mental health pathology who are in stable condition are, with few exceptions, appropriate for the DART Cherry program. Primary consideration is given to mobility, cognition, coherency and comprehension when assessment of mental status is made.
- A. Medical staff will continue *medical regimens* to maintain medical and/or mental health stability as prescribed by the individual's primary physician after a full assessment has been conducted by a DART Cherry Physician.  
**\*\*\*Individuals should bring a 90-day supply of all prescription medications or have refills available\*\*\***
  - B. *Special accommodations* are made for residents whose medical condition requires a regimen of light duty activities (i.e., resident with history of heart problems and is on glycerin regimen will be given an elevator pass, light cleaning duties, and exempted from strenuous physical activities.)
  - C. DART Cherry is a *handicapped accessible* facility. Referrals in wheelchairs who are otherwise able to participate in treatment activities may be appropriate for DART Cherry.
  - D. **All residents are treated with universal precautions.** Individuals with known *HIV/AIDS* that are current with their labs and clinic visits are appropriate for DART Cherry when in a stabilized condition. Where medical costs (medicines) are high, every attempt will be made to assist these residents with community resources.
  - E. DART Cherry **does not have a Methadone maintenance program or a Suboxone program.**

**III. Cost:** DART Cherry is a residential community-based substance abuse treatment facility within the Alcoholism and Chemical Dependency Programs Section under the jurisdiction of the Department of Public Safety. **However, medical costs are not assumed by the State for major medical and/or mental health care.** DART Cherry is **not** required to provide extensive, major medical care. All individuals should be aware that vision, dental, and major health care problems will **not** be addressed at the expense of DART Cherry or the State of North Carolina. Residents assessed with such conditions will be discharged and referred for hospital care or back to their primary physician.

DART Cherry health care protocol and policy is as stated and further includes or exempts the following:

- A. **Physical exams**, to include blood work and urinalyses are standard protocol for all residents assigned to DART Cherry and therefore these costs are assumed by the State.
- B. **Emergency room services** are assumed by the State. In-hospital stays are not. When a resident is admitted to the hospital, he is discharged from DART Cherry and hospital costs are assumed by the resident either through personal or family resources. Individuals at high risk for major medical crisis when placed in a new and stressful environment should be considered for other alternatives to the DART Cherry program.
- C. **Inexpensive prescription medication** costs **may** be assumed by DART Cherry within limits and in certain urgent situations. Referrals on large amounts of medicine or medicines with high costs must bring their supply or have the means to pay for refills themselves (i.e. private insurance, cash, etc.)
- D. All residents with **vision and dental care** needs will be referred to local community resources at the resident's expense.
- E. **Over-the-counter medicines** such as non-aspirin pain relievers, non-alcoholic cough syrup (Robitussin), antacids etc. are provided by the facility.

## Medications NOT Accepted

<b><u>Brand Name</u></b>	<b><u>Generic Name</u></b>
Ambien	Zolpidem Tartrate
Anexsia	Hydrocodone Bitartrate/Acetaminophen (APAP)
Ativan	Lorazepam
Avinza	Morphine Sulfate
Combunox	Ibuprofen/Oxycodone
Dalmane	Flurazepam
Darvocet A500	Propoxyphene/APAP
Darvocet N	Propoxyphene/APAP
Demerol	Meperidine HCL
Dilaudid	Hydromorphone HCL
Doral	Quazepam
Duragesic	Fentanyl
Halcion	Triazolam
Imitrex injectable (?)	Sumatriptan Kadian Morphine Sulfate
Klonopin	Clonazepam
Librium, Librax	Chlordiazepoxide
Lorcet	Hydrocodone/APAP
Lortab	Hydrocodone/APAP
Lunesta	Eszopiclone
Lyrica	
Methadose/Dolophine	Methadone
MS Contin	Morphine Sulfate
MSIR	Morphine Sulfate
Muscle relaxants	e.g. Baclofen, Flexeril (Cyclobenzaprine), Robaxin (Methocarbamol), Soma Compound/Codeine (Carisoprodol/Codeine/Aspirin), Soma Compound (Carisoprodol/Aspirin)
Neurontin	Gabapentin (except as ordered by psychiatrist)
Norco	Hydrocodone acetaminophen
Oramorph SR	Morphine Sulfate
Oxycontin	Oxycodone HCL
Oxyfast	Oxycodone HCL
Percocet	Oxycodone/APAP
Percodan	Aspirin/Oxycodone
Prosom	Estazolam
Provigil	Modafinal
Restoril	Temazepam
Roxicet	Hydrocodone HCL/APAP
Sonata	Zaleplon
Suboxone	Buprenorphine HCL and Naloxone HCL dihydrate
Subutex	Buprenorphine HCL
Tylenol with Codeine	Acetaminophen/Codeine
Tylox	Oxycodone/APAP
Ultram	Tramadol
Valium	Diazepam
Vicodin	Hydrocodone Bitartrate/APAP
Vicoprofen	Ibuprofen/Hydrocodone Bitartrate
Xanax	Alprazolam
Zydone	Hydrocodone Bitartrate/APAP

\*Narcotics/Controlled Medications are too numerous to name them all; therefore other medications not on the list

may be prohibited. Please contact DART Cherry if you have questions.

## NORTH CAROLINA DEPARTMENT OF PUBLIC SAFETY

### Alcoholism and Chemical Dependency Programs

#### Black Mountain Substance Abuse Treatment Center for Women

##### ELIGIBILITY CRITERIA

- Female.
- Minimum of 18 years of age.
- Detoxification completed prior to admission into program.
- Ability to function independently in daily living tasks, must be ambulatory.
- Review information within Black Mountain Substance Abuse Treatment Center for Women's (Black Mountain) 'Program Medical Services' link for general medical guidelines for admission and participation to the Black Mountain program.
- Questions relating to medical and/or mental health issues should be addressed with Black Mountain staff **prior** to transport. Diagnosed mental health conditions and medical issues must be stabilized on medication such that the referral may interact and communicate with others.
- Referrals on prescription medications must arrive at the facility with a 90-day supply of all prescription medications.
- Current written TASC assessment and referral that confirms substance abuse dependence as indicated by the Addiction Severity Index, ASAM Level III. If TASC assessment is over 90 days old, it will need to be updated.
- A signed Court Order or Post Release Supervision and Parole Commission Order with a referral to the Black Mountain program.

##### INELIGIBILITY CRITERIA

- Cannot have Schizophrenia or a chronic or active untreated Psychotic Disorder.
- Cannot be Pregnant.
- Cannot have a chronic history of assaultive or violent behaviors.
- Cannot have pending charges/court dates.
- Cannot have pre-existing appointments with primary physician or other healthcare provider.
- Cannot have medical needs that require a high degree of medical management beyond the scope of practice in the facility including but are not limited to:
  - Seizure disorders
  - Brittle diabetes
  - Uncontrolled hypertension
  - Dementia
  - Schizophrenia
  - Severe Migraines
  - Dialysis
  - Chemotherapy/radiation
- Cannot have a current Narcotics and/or Opiates prescription as these medications are prohibited including Suboxone and Methadone.



# NORTH CAROLINA DEPARTMENT OF PUBLIC SAFETY

## Alcoholism and Chemical Dependency Programs

### Black Mountain Substance Abuse Treatment Center for Women

#### REFERRAL GUIDELINES AND PROCESS

##### TASC Referral Process

- Referrals should sign a TASC *Authorization for Release of Information* for Black Mountain Substance Abuse Treatment Center for Women (Black Mountain).
- Assessment information should be detailed regarding medical issues, mental health issues and medications.
- Include TASC contact information including name, phone number, fax number, email address, and referral's county of residence.
- Referral may be faxed or emailed to:
  - Pam Gardner, Substance Abuse Program Consultant
    - [Pamela.Gardner@ncdps.gov](mailto:Pamela.Gardner@ncdps.gov)
    - Fax number is 828-664-2007
- If the referral is not in custody and the assessment is in the TASC office, it would be beneficial for the referral to talk directly with Black Mountain program staff. The facility telephone number is 828-669-4174.
- Black Mountain program staff will fax or email a letter of approval or denial to TASC within 10 working days.
- It is the responsibility of TASC to inform the supervising Probation/Parole Officer of the referral's admission approved or denied status.
- The referral's Probation/Parole Officer is responsible for obtaining an admission date from Black Mountain staff.



# NORTH CAROLINA DEPARTMENT OF PUBLIC SAFETY

## Alcoholism and Chemical Dependency Programs

### Black Mountain Substance Abuse Treatment Center for Women

#### Program Scheduling and Transport

The Black Mountain Substance Abuse Treatment Center for Women (Black Mountain) website is designed to assist Probation/Parole Officers with information and guidelines that will enable officers to make decisions about whether a referral may or may not be appropriate for the Black Mountain program. The information provided will also assist the officer in giving an overview of the program and responding to questions. When there is a question regarding a referral's appropriateness for assignment to the Black Mountain facility, Black Mountain encourages Probation/Parole Officers to contact the facility prior to transport so staff may assist in making this decision. Referrals who are deemed inappropriate for treatment after arrival will be discharged.

#### Program Goals:

- To assist residents in achieving abstinence from drugs and alcohol;
- To begin recovery process with dignity;
- To regain and maintain self-respect and self-worth;
- To introduce residents to self-help support;
- To offer family members and friends the opportunity to visit when approved by staff; and
- To establish an individual Aftercare Plan for each resident prior to discharge.

#### Program Scheduling:

- To ensure the referral meets the Black Mountain [Eligibility and Criteria Guidelines](#). (See Web Page)
- To check for use of unacceptable medications.
- To follow "Intake Procedure" in [Chapter I .0306](#) of the [Community Corrections Policy and Procedure Manual](#) prior to scheduling.
- If the referral meets the eligibility guidelines, call the Black Mountain facility to schedule the referral for admission. Facility Phone # (828) 669-4174.

## **Program Transport and Staff Safety:**

To ensure the safety of staff during transport and at the facility, the supervising Probation/Parole Officer (PPO), on the day of the Black Mountain pick-up, should follow the "Intake Procedure" in Chapter I Section .0306 of the Community Corrections Policy and Procedure Manual. The supervising PPO will:

- Complete the Black Mountain Medical History Form prior to individual's pick-up. The form should be placed into the individual's packet to be given to the van driver and the Black Mountain PPO upon arrival at the facility. If there are any serious medical conditions, call the Black Mountain PPO prior to transport to discuss and get approval.
- Have the individual read and sign the Rules and Regulations of the Black Mountain program and place in the individual's packet that is to be given to the van driver at pickup and the Black Mountain PPO upon arriving at the facility.
- Search the individual's baggage and person, before the referral is transported to the facility or dropped off for van pickup if Black Mountain staff is transporting.
- Conduct urinalysis on day of pick up, preferably using instant drug screen so results are known immediately. The supervising PPO will report the results of the drug screen immediately upon arrival to either the van driver, if being transported via Black Mountain staff or Black Mountain PPO if supervising PPO is transporting referral to the facility.