

Speaking: Verbal & Non-Verbal

Body Language: Resting "Angry" Face

Speech Inflection: Loud for No Reason

Tone of Voice: The Delivery

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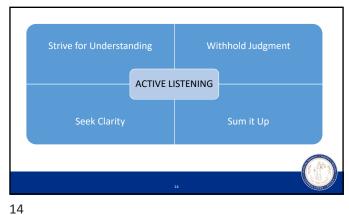


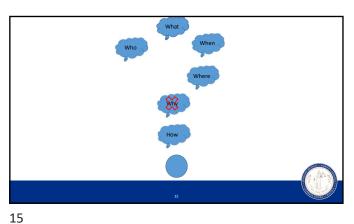
Do You HEAR What I HEAR



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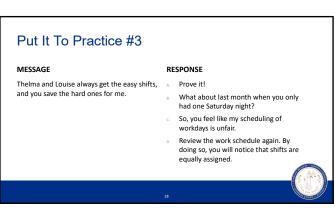




## Put It To Practice #1 MESSAGE DELIVERED MESSAGE RECEIVED I was counting on you to speak up for me during our meeting with CDCJ Perez. She did fine by herself. She never called my name. Yesterday, when we discussed the matter, I expressed my agreement. I guess she you said you supported my position; but today you didn't open your mouth! just didn't hear me. She is disappointed I didn't help her out during the meeting like she was expecting.

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## Put It To Practice #2 MESSAGE DELIVERED MESSAGE RECEIVED I'm sick of this dead-end job! When I started working here, I really thought my hard work His hard work isn't getting him the promotion to Chief Magistrate he was and dedication would be noticed and get me somewhere. Yeah, I was just fooling myself. He needs to stop worrying, his hard work will soon pay off I know EXACTLY how he feels Maybe he should go back to college

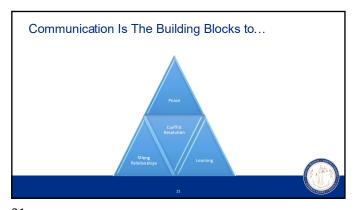


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## Put It To Practice #4 MESSAGE Around here everybody is your boss. First, I try to satisfy DCI Mathis, and then SCI Wapner asked me to do something; and sometimes even Madam Clerk gives me assignments. I just can't keep all of them happy. Most of the time I have no idea what I should be doing. RESPONSE A I didn't know the Clerk was giving you assignments, too. What the...she didn't run that by me. With all these people giving you things to do, you must feel overwhelmed. I can tell it's getting to you. You are doing an excellent job! It'll get better. Enjoy your vacation and we will discuss when you return.

LISTEN BEFORE WE THINK

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