

Building Positive Leadership Strategies

November 3, 2017
Greensboro, NC

Learning Objectives:

- Learn and practice the underlying principles and strategies of *Appreciative Inquiry (AI)*
- Apply AI principles and techniques on specific work-related issues
- Discover resources available to support your work.

9:00

Overview of the workshop (30 minutes)

“Positive Leadership” is the focus of this training event.

1. *Positivity* is the philosophy we will use.
2. *Appreciative Inquiry* is the process we will use.

1. Practice: Appreciative Inquiry (AI) Paired Interviews

2. What’s happening in your world? (30 minutes)

- A. What are the particular topics or situations in your environment that are especially polarizing or challenging now?
- B. What is happening to dial up or down the intensity of those situations?
- C. What are your concerns about being involved with those situations?

Break (15 minutes)

3. The Value of Positive Emotions (15 minutes)

Application (30 minutes)

- How do these ideas relate to your work?
- Asking positive questions.
- Comparing frames on the world

Practice: Finding The Flip (30 minutes)

- State the situation as it is
- Flip into positive phrasing
- Work with it to make it genuinely compelling, not just opposite phrasing

12:00-12:30 LUNCH

12:30

Skill Development in Adjusting Your Perspective (45 minutes)

- Key Practice #1: Reframe to focus on strengths.

- Key Practice #2: Ask positive questions.
- Key Practice #3: Jointly develop a positive future.

Why AI is particularly appropriate to use now (15 minutes)

- How can they better equip you?
- Building AI skills at home and work

Application & Practice: (90 minutes, includes 15 minute break)

- Work on Individual specific examples/projects
- Share examples of reframing
- Application of AI to your own situations

3:15

Closure

We are all in public service. We are all operating in a politically polarized country. We are all challenged to do our work with integrity, knowing that we can easily become targets for criticism or even violence. None of us can fully control any polarized situation, but all of us can make choices about how we respond. One guiding question to ask yourself is, “How do I want to be in this situation?”

Let’s close out our time together by offering whatever is on your mind in response to that question.

3:30

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