# 2020 Elder Abuse Multidisciplinary Team Cohort Workshop #3: Preparing Your MDT for 2021

Friday, December 18, 2020 Online

### Agenda

- 2:00 Welcome Meredith Smith and Margaret Henderson
- 2:10 Reflections from Mecklenburg

## 2:20 Team Breakouts #1

- The worksheet for this breakout is designed to be progressive you start at the beginning and work your way through to the end over time. Your team may need to start at the beginning today by developing your mission and possibly also your vision. Your team may be more established and therefore may have a different starting point today. You may be ready to define your goals or outline your objectives.
- Identify a scribe for today's breakout.
- Start in the place that makes sense for your team and make progress. If you complete your mission or vision statement, add it to your county's MDT space on the Elder Protection Network website (<u>http://protectadults.sog.unc.edu/</u>).

### 3:00 Report out

- 3:20 Break
- 3:30 COVID-19 Breakout
  - You will be assigned to a breakout based on profession or area of expertise.
  - This session is an opportunity to exchange perspectives about how the pandemic is potentially affecting vulnerable adults or the system of response in your community.
  - Share reflections, stories, or strategies from your community. What are you seeing? How are you coping?

### 3:50 Report out

4:05 Graduation

### 4:15 Team Breakout #2: Planning for your team's next steps

- Share: Did you learn anything in the last breakout that could benefit our team?
- *Plan:* When is your next meeting (add it to your calendar on your county's MDT page on the EPN website)? What are your team's next steps (add a task to your task list on your county's MDT page)? How will you communicate with one another going forward?

#### WORKSHOP GROUND RULES

**Participate fully**. It is alright to disagree. Everyone should have the opportunity to state his or her own views, regardless of rank or other differences.

Work on the problem. Put other issues aside, including personalities, offices, or other differences. Show respect for each other.

**Focus on interests, not positions**. Explain why you favor a particular course of action. Invite questions so you can explain your reasons fully. Balance advocacy and inquiry.

Share all relevant information.

Be specific. Agree on what important words mean. Discuss "undiscussable" issues.

Stay focused. Discuss a topic long enough for everybody to be clear about it. Avoid online multi-tasking.

Decide how the group will make decisions. Strive for consensus.

Mute your connection, except when speaking, to minimize background noise.

Seeing faces helps us connect. Please keep your camera on.

Be patient. Glitches in technology or connectivity can happen to any of us.