Introduction

- Specific Dispositional Alternatives Recommended for Level I and II
  - Screening
  - Assessment
  - Services
    - Medicaid Service Definition
    - Juvenile Justice Funded
- Evidence Based Practices

Screening

- Districts are using the GAIN SS or MAYSI
- Administered at the earliest available time, preferably in-person at intake
- Recommends need for further assessment
  - MH/SA
- Most of the time, by the time the juvenile is in court for Disposition they should already have been administered a Screener
Assessment

- Most commonly requested as part of the “Cooperate with Specified Program”
- Comprehensive Clinical Assessment (CCA)
  - Evidence Based Tools may be included within the Assessment – GAIN, CHAT, others
- Recommends specific treatment to help address diagnosis and behaviors

Services

- Behavioral Health Treatment Options that are Recommended as a Level I or II Dispositional Alternative
  - Medicaid Service Definitions
    - Community Based
    - Residential
  - Juvenile Justice Funded Services
    - Community Based
    - Residential

Level I Disposition Examples
Level II Disposition Examples

<table>
<thead>
<tr>
<th>Level II Disposition</th>
<th>Level 2 Disposition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residential Treatment Facility</td>
<td>Group Home Other than a Multipurpose Group Home Operated by a State Agency</td>
</tr>
<tr>
<td>Intensive In-Home Treatment Program</td>
<td>Wilderness Program</td>
</tr>
<tr>
<td>Supported Family Living Program</td>
<td>Regulated Training Program</td>
</tr>
</tbody>
</table>

Examples of Programs

- WestCare - JJ funded Intensive In-Home Therapy Substance Abuse Intensive Outpatient Program
- Whitaker School Eckerd Wilderness Residential - JJ funded Structured Day: Most commonly found as Day Treatment Tarheel Challenge Operated by Methodist Homes and designed to provide non-secure, long-term, residential care as an alternative to secure detention and youth development centers. The first six eight-bed facilities opened in 1993. A seventh home was opened in 2008. Located in Macon, Robeson, Wayne, Hertford, and Chowan Counties.
- Level 2 Group Home (MH) Multi-Systemic Therapy Wright School Timber Ridge - MH service Mell-Burton Program in Guilford Co.
- Level 3 Group Home (MH) Day Treatment Transitional Living - Operated by Methodist Homes in Wake and Craven Counties Cameron Boys Camp - Baptist Children's Home - DSS and parent referral only Onslow’s School Treatment Program
- Level 4 Residential (MH) AMI Kids - Functional Family Therapy - JJ funded Psychiatric Residential Treatment Facility (PRTF) Sex Offender Treatment Forsyth and Dillon Juvenile Crisis and Assessment Centers operated by Methodist Homes *(see Residential Handout)*

Medicaid Service Definitions:

Community Based

- Outpatient
  - Individual
  - Group
  - Family
- Day Treatment
- Intensive In-Home
- Multisystemic Therapy
- Substance Abuse Intensive Outpatient Program

Medicaid Service Definitions:

Residential

- May be requested as either a Level I or II Dispositional Alternative
- Intensity
  - Level 1 – Crisis Shelters and Family Foster Care
  - Level 2 – Family or Group
  - Level 3 – Only Group
  - Level 4 – Very Few Still Exist
  - Psychiatric Residential Treatment Facility (PRTF)
    - Locked and Unlocked
Juvenile Crime Prevention Council Services

- Varies from County to County and Year to Year
- Visit https://www2.ncdps.gov/sbc/ for Specific Services by County
- JCPCs have 22 Different Program Types
- JCPC-Endorsed Level II Projects
- Alternative to Commitment Projects

Juvenile Justice
Level II Dispositional Alternatives: Community-Based

Dispositional Alternatives programs were designed to provide community-based, effective intermediate sanctions and reentry services as a dispositional alternative for high-risk Level II adjudicated youth.

These services are called upon to serve high-risk youth between the ages of 10 and 17 which would include the following:
- Youth returning from a youth development center
- Youth transitioning out of some other residential placements
- Youth returning home from a detention center
- Dispositional option for Level II adjudicated youth

Juvenile Justice Level II: Community Based

- AMIKids
  - Functional Family Therapy (FFT)
  - In-home family and community-based model
  - Currently Serving 89 Counties
  - Ages 10-17
  - Primarily works with the Caregiver of the youth
**Juvenile Justice Level II: Residential Programs**

- **Eckerd Residential Programs (2)**
  - Short-term residential treatment facility; 48 bed capacity
  - Males ages 13-17 years of age
  - Intensive, short-term services; 3 to 6 months (Avg. 90 days)
  - Cognitive Behavioral Therapy/Treatment (CBT) Model
  - Program located in Montgomery County (Candor) & Wilkes County (Boones)

- **WestCare**
  - Short-term residential treatment facility; 16 bed facility
  - Females ages 13 to 17 years of age
  - Length of Stay 4 and 6 months
  - Gender Responsive Treatment Model; Trauma-Informed Care
  - Program located in Vance County

- **Independent Living Programs (2)**
  - Homes located in Craven County (New Bern) and Wake County (Raleigh)
  - Independent Living Transition Program from YDC or Residential Placement

**Evidence Based Practices (EBPs)**

- Generally refers to approaches in prevention or treatment that are validated by some form of documented scientific evidence. This simply means that several clinical research studies showed the treatment was effective. EBPs promote high-quality care and better outcomes for adolescents with substance use disorders.

- Several evidence-based practice registries have been created and are publicly accessible. Examples:
  - State of Oregon’s Addictions and Mental Health (AMH) Approved Practices
  - SAMHSA’s National Registry of Evidence-based Programs & Practices (NREPP)
  - Helping America’s Youth (HAY) Community Guide
  - University of Washington’s EBP Database
  - Office of Juvenile Justice and Delinquency Prevention’s (OJJDP) Model Programs Guide.

**EBPs for Adolescents**

Examples of Some Available in NC

- MET/CBT 5 and 12
- Family Support Network
- Adolescent Community Reinforcement Approach (A-CRA)
- Multidimensional Family Therapy (MDFT)
- Trauma-Focused Cognitive Behavior Therapy
- Motivational Enhancement Therapy (MET)
- The Seven Challenges Program
- Brief Strategic Family Therapy (BSFT)
- Functional Family Therapy (FFT)
- Multisystemic Therapy (MST)
- Relapse Prevention Therapy (RPT)
- Seeking Safety (SS)
- Strengthening Families
- Aggression Replacement Training
- Motivational Interviewing
Final Thoughts

- Still Gaps in Service Array
  - Some areas do not have access to services
- Some Medicaid funded services may not easily fit as a Dispositional Alternative
- Just because it is recommended by a provider does not mean it will be approved by the MCO
- Private Insurance and Undocumented Youth

Questions?

Candice W. Moore, MPA
Juvenile Justice Evidence Based Practices Administrator
Division of Adult Correction and Juvenile Justice
North Carolina Department of Public Safety
PO BOX 21238
Winston Salem, NC 27101
Phone: 919-588-0984
candice.w.moore@ncdps.gov