

Making the Call:

Know the Black and Blue Facts

Batterer Intervention Program or Anger Management?

<ul style="list-style-type: none"> • <u>STATE CERTIFIED</u> <p>Usually ordered under supervised probation; <i>BIP reports non-compliance</i> which is then reported to courts</p>	<ul style="list-style-type: none"> • <u>UNREGULATED</u> <p>Often ordered without supervised probation; <i>non-compliance may not be a violation</i> and may not be viewed seriously</p>
<p>Minimum 26 weeks at 1.5 hours each: <i>More intensive. Allows time to examine underlying issues.</i></p>	<p>Usually run from 4-12 weeks</p>
<p><i>Screen carefully</i> <i>Do Lethality Assessment.</i> Unlikely to have "anger offenders" and not know it. <i>Screen for substance abuse and refer for treatment if necessary</i></p>	<p>May not fully screen for DV; <i>Do not do Lethality Assessment.</i> May have DV offenders in program and not know it May not screen for substance abuse</p>
<p><i>Doesn't allow excuses, minimizations, denials, or blaming victim</i></p>	<p>Teaches an understanding of reasons and triggers.</p>
<p>Give tools to <i>understand underlying need for Control</i></p>	<p>Give tools to control rage and teaches coping strategies</p>
<p>Curriculum follows <i>State Rules and Standards: Strict Guidelines</i></p>	<p><i>No approved curriculum</i> or best practices; several popular programs</p>
<p>More focus on worldviews that support battering behaviors, more confrontation <i>Hold batterer accountable</i> for behavior. <u>GOAL: VICTIM SAFETY</u></p>	<p>More cognitive focus or clinical focus; <i>less confrontation</i>; often process-based <u>GOAL: To prevent , diffuse, or redirect anger</u></p>
<p><i>Required to contact all available victims</i> and involve them through education in process; their rights; resources</p>	<p><i>Only contact victim if there is direct serious threat on her life</i></p>
<p>Report threats to victim by contacting her/he, calling police, accessing DV resources and supports</p>	<p>Reports <i>only</i> what they deem serious threats, usually to police or psychiatric emergency evaluation</p>
<p><i>Addresses anger management problems in a bigger context</i></p>	<p>Does not address <i>DV/Power and Control issues</i></p>