Intent is a mental attitude seldom provable by direct evidence. It must ordinarily be proved by circumstances from which it may be inferred. You arrive at the intent of a person by such just and reasonable deductions from the circumstances proven as a reasonably prudent person would ordinarily draw therefrom.¹

¹ If a further definition of general intent or specific intent is required, you may consider giving the following additional instruction: [Specific intent is a mental purpose, aim or design to accomplish a specific harm or result]. [General intent is a mental purpose, aim or design to perform an act, even though the actor does not necessarily desire the consequences that result]. Black’s Law Dictionary, 825-26 (Bryan A. Garner, 8th ed. 2004)